Please insert the following paragraph at line 25 on page 8 of the application:

--The side cushions provide points of contact between the user's head and the headrest, and the side and rear cushions provide the only such points of contact.--

In the Claims:

Please amend the claims as follows:

Apparatus, comprising:

a support for supporting a user in viewing images in a standing, seated, or reclining posture; and

a moveable headrest mounted on or with respect to said support, for supporting a head of said user in executing head movements to view said images from a changing direction,

wherein the headrest comprises side cushions, or both rear and side cushions, for providing the only points of contact between the user's head and the headrest.